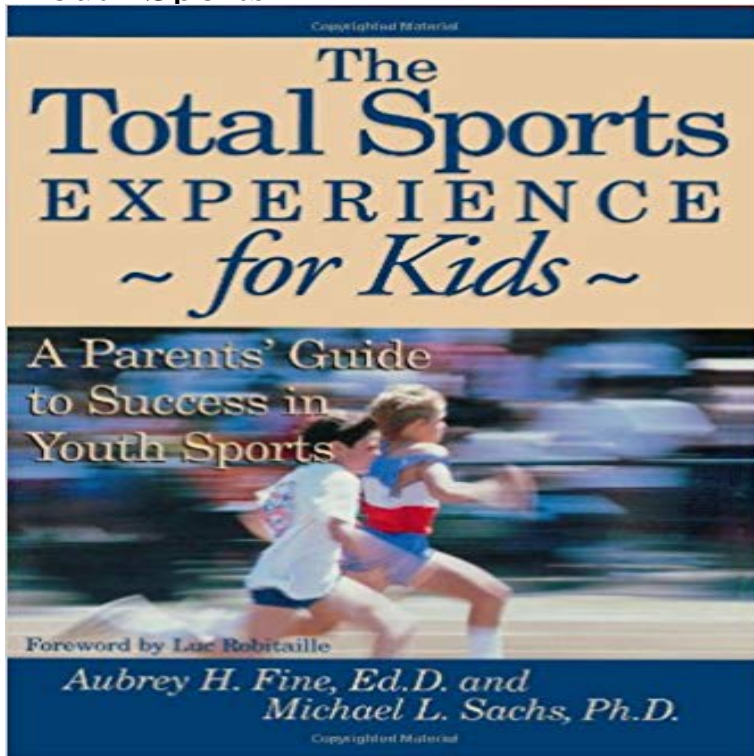


# The Total Sports Experience-for Kids: A Parents Guide for Success in Youth Sports



This book explores the true meaning of achievement in sports: having fun, developing athletic and social skills, and nurturing a healthy, positive sense of self-esteem. Drs. Fine and Sachs offer practical, research-based advice that is bound to enrich the sports experience?as well as life outside of sports?for both children and adults.

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