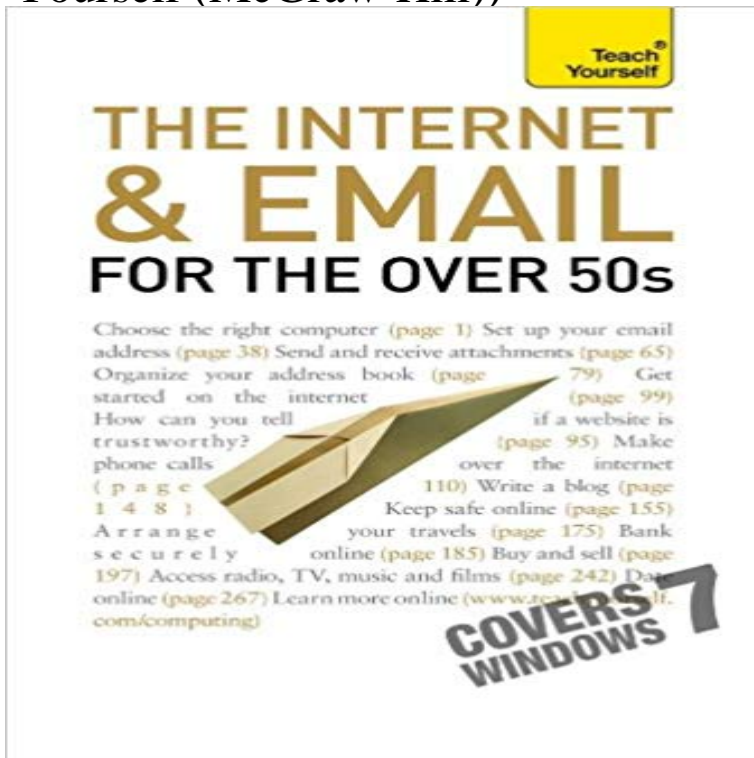


The Internet and Email for the Over 50s: A Teach Yourself Guide (Teach Yourself (McGraw-Hill))



Don't be left behind in the technological revolution. In *The Internet and Email for the Over 50s*, you'll learn how to email, make calls over the Internet, shop online, bank, set up a blog, and search online. Starting from first basics, it begins with how to choose the right computer, software, and peripherals. Filled with clear instructions and supported with screenshots, tips, hints, and a full jargon-busting glossary, it assumes you have no prior knowledge of using the Internet and email, guiding you with practical good humor to success.

One, five, and ten-minute introductions to key principles to get you started. Lots of instant help with common problems and quick tips for success, based on the authors' many years of experience. Tests in the book and online to keep track of your progress. Extra online articles at www.teachyourself.com to give you a richer understanding of the Internet and email. Written with humor in plain language to take the fear out of using email and the Internet. Including a comprehensive jargonbuster glossary, it cuts through the techno babble.

A friendly, easy-to-follow guide to getting online.--The Good Book Guide
Topics include: What computer you will need; What other equipment you might need; What programs (software) you might need; Getting started on your computer; Getting started with email; Sending and receiving emails using Outlook Express; Sending and receiving attachments using Outlook Express; Tidying up your email messages and contacts; Making phone calls over the Internet; Chatting over the Internet; Special interest groups on the Internet; Reading and writing blogs; Keeping your personal information safe online; Keeping your computer safe from viruses; Finding what you need on the Internet; Finding a specific website; Doing your grocery shopping; Doing your

banking; Buying from an online auction;
Arranging and booking your travels;
Working and learning; Listening to the
radio; Buying music/video; Websites
designed for the over 50s; Online dating;
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