

Dont be left behind in the technological revolution In The Internet and Email for the Over 50s covers emailing, making calls over the Internet, shopping online, banking, setting up a blog and searching online. Starting from first basics, it begins with how to choose the right computer, software and peripherals. Filled with clear instructions and supported with screenshots, tips, hints and a full jargon-busting glossary, it assumes you have no prior knowledge of using the internet and email, guiding you with practical good humor to success.

One, five and ten-minute introductions to key principles to get you started. Lots of instant help with common problems and quick tips for success, based on the author's many years of experience. Tests in the book and online to keep track of your progress. Extra online articles at www.teachyourself.com to give you a richer understanding of the Internet and email.

Written with humor in plain language to take the fear out of using email and the internet. Including a comprehensive jargonbuster glossary, it cuts through the techno babble.

A friendly, easy to follow guide to getting online.--The Good Book Guide Topics include: What computer you will need; What other equipment you might need; What programs (software) you might need; Getting started on your computer; Getting started with email; Sending and receiving emails using Outlook Express; Sending and receiving attachments using Outlook Express; Tidying up your email messages and contacts; Making phone calls over the Internet; Chatting over the Internet; Special interest groups on the Internet; Reading and writing blogs; Keeping your personal information safe online; Keeping your computer safe from viruses; Finding what you need on the Internet; Finding a specific website; Doing your grocery shopping; Doing your banking; Buying from an online auction; Arranging and booking your travels; Working and learning; Listening to the radio; Buying music/video; Websites designed for the over 50s; Online dating; Jargon-buster glossary

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