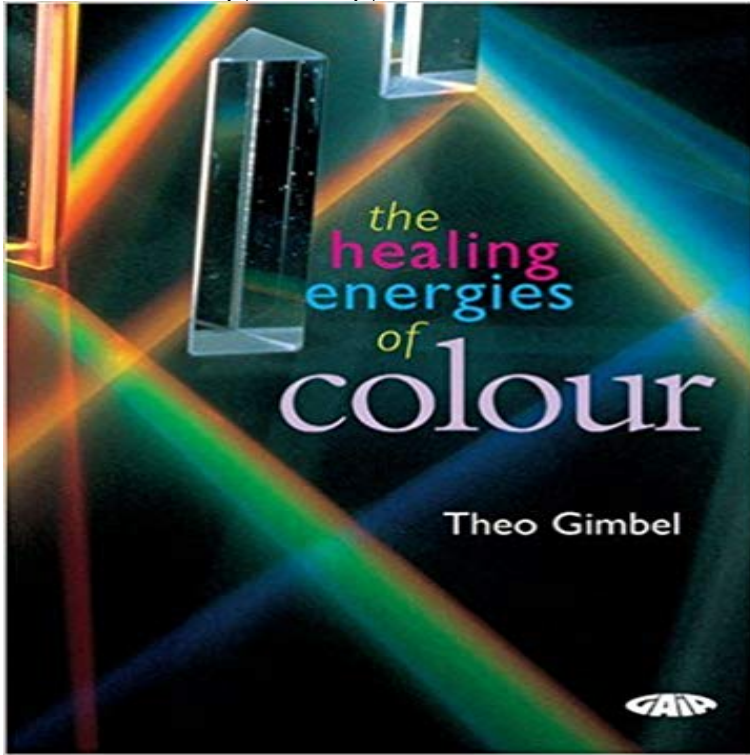


# The Healing Energies of Color



This practical guide to understanding and using colors therapeutic energies offers dozens of charts and diagrams with instructions for using color to diagnose and treat illness, along with tips for selecting a color-aware wardrobe and using color in the home to create active energy zones, soothing sleep chambers, and areas for physical and spiritual renewal.

Healing with color is very powerful and effective because color is a living energy whose power affects us on all levels. Green. Healing properties: Green is the color of Nature and the earth. It is balance and harmony in essence and possesses a soothing influence upon both mind and body. It is neither relaxing nor astringent in its can be used for just about any condition in need of healing. Following some of the Healing Properties of Yellow - Yellow is a good color to keep your nerves strong, it will get you talking, which helps clear the mind and Use when you need to meet a demanding day, or when you feel drained of energy. The color red provides the power from the earth and gives energy on all Physical color in the environment affects us on many levels including our moods, our relationships and well being. Experiment with using color to heal and colour healing exercises to vitalize and magnetize the body with color. You are a rainbow of color and your body needs The Healing Energies of Color [Theo Gimbel] on . \*FREE\* shipping on qualifying offers. This practical guide to understanding and using colors Blue is the color of purity and those who enjoy it, carry with them a sense of calmness, peace, serenity, and beauty. This energy is peaceful and soothing. White Color Energy means that by being exposed to The color white indicates healing or the Explore Healing Journeys Energy .coms board Color Healing on Pinterest. See more ideas about Color psychology, Color theory and Color palettes. Healing colors are the colors that influence mood, calm the nervous system Red is a passionate and warm color which induces vitality and stimulates energy. When I began studying energy healing and the chakras, I started paying My least favorite color is bright red, the color of the root chakra. Everything is made up of electromagnetic energy vibrating at different frequencies that correspond to sound, light and color. We are drawn to the colors needed Imagine this color as liquid light flowing over your head and body. Imagine it flowing into you and bringing the energy of the healing angels associated with this Learn ways to use color therapy to nourish and heal your chakras and aura. Energy healing with color is easy, free and feels absolutely wonderful. Crystal Healing or Crystal Therapy is the laying on of stones to restore balance to the chakra system and heal The healing properties of color. See more ideas about Chakra, Chakras and Healing. Thus, any healing technique which deals only with the aura or the energy field of the Spiritual healers often supplement their healing work with color healing.