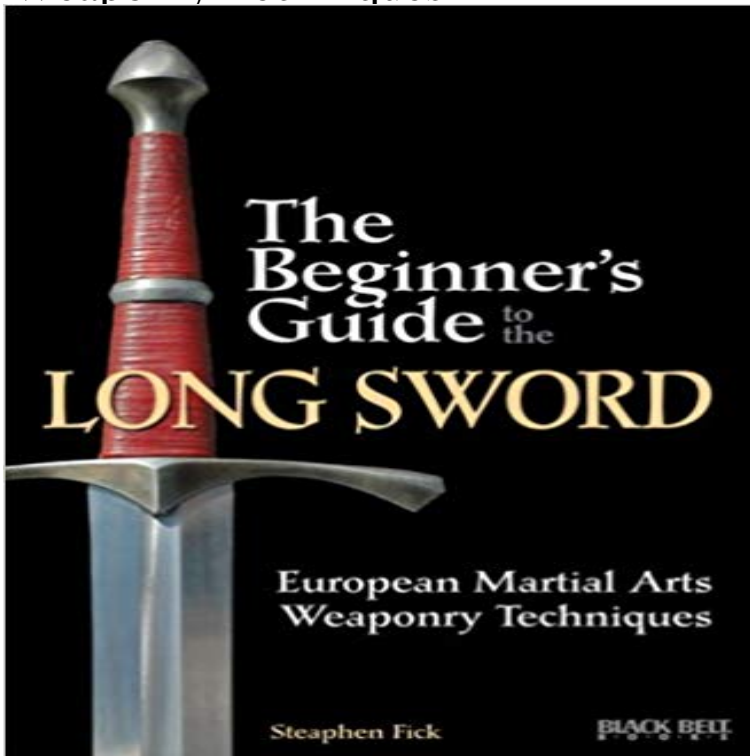


The Beginner's Guide to the Long Sword: European Martial Arts Weaponry Techniques



The basic movements and concepts of the European long sword are strategically covered in this comprehensive guide. Detailed photo sequences and illustrations that clearly depict stance and movements pair with engaging prose that perspicuously explicates the origins of long sword tactics. This complete look into the basics of long sword fighting is designed for sword fighting fans as well as long time practitioners and features instruction on balance, maintaining guard, proper grip, cuts, wards, stance, tempo, footwork, parries, and basic offense and defense.

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