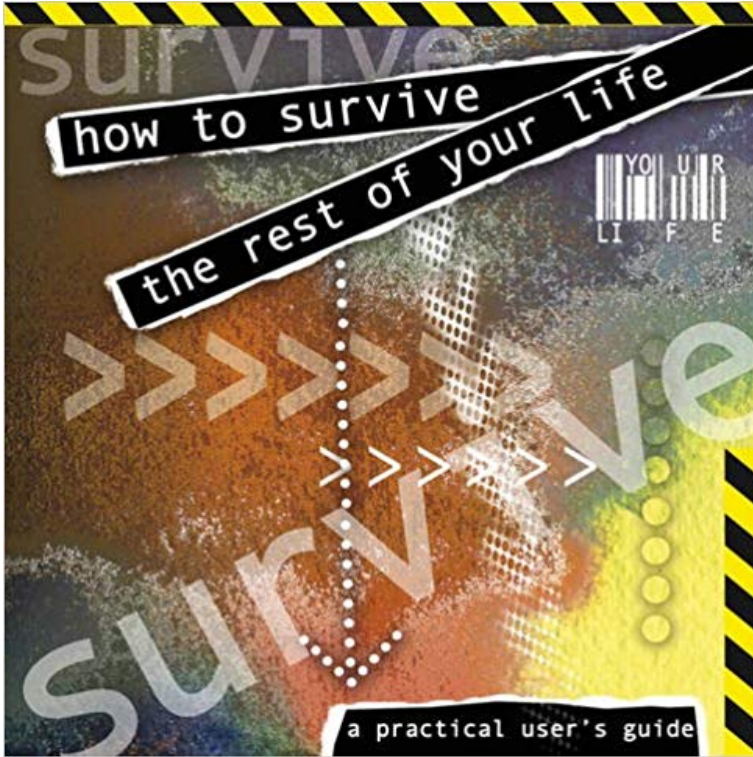


# How to Survive the Rest of Your Life: A Practical Users Guide



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