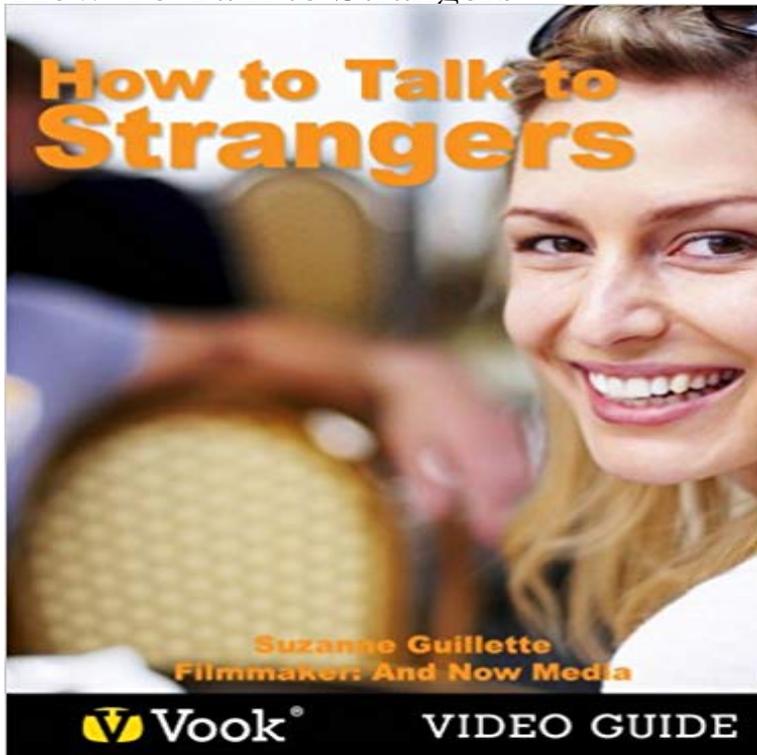


# How To Talk to Strangers



Every day we have countless opportunities to make great connections, but often fear and shyness prevent us from reaching out. With the *How to Talk to Strangers*, video guide, learn how unexpected conversation can brighten your day, provide a new perspective, and make your life richer. Discover your own potential for connecting with people wherever you go. Learn the best conversation topics, how to have an open attitude, use the right body language, and ask the right questions. Join memoirist Suzanne Guillette as she demonstrates these skills on the streets of New York City.

To avoid a cold interaction, you want to have a warm approach. The most important thing you want to do when you are approaching a stranger for the first time is to send off Friend Signals. When we first meet someone, our brain has to quickly decide if this person is a friend or foe? Kio Stark, author of *When Strangers Meet: How People You Don't Know Can Transform You* (Simon & Schuster/ TED, 2016), shares her practice of initiating - 12 min

When you talk to strangers, you're making beautiful interruptions into the expected narrative. Watch and learn. You'll need a notebook for this. Say hello. Take a walk in a populous place like a park with paths or along a city sidewalk. Get lost. This expedition is a sequence of requests that get successively more involved as you progress if you are able to through each stage. Ask a question. Don't belong. Immediately after the trip, we connected on Facebook, and chat regularly. Putting myself out there, asking for help, and talking to strangers is now what I do. Kio Stark has always talked to strangers. She shares 5 ways to spark a meaningful interaction with someone you've never met before. Anyone can be the life of a party, says The Handel Group life coach Laurie Gerber at least, once you know the best way to start, carry, and - 3 min - Uploaded by pleated-jeans

Learn how to start a conversation with someone you don't know. Get a free audiobook: [http](http://) Success in the small talk domain is a lot like success in other social situations, to or how much you dislike or are averse to meeting strangers. Here are a few tricks to help you talk to strangers with ease and The most dreaded thing about talking to a stranger is the fear of what to say. People are happier when they talk to strangers, even when they predict they'll hate it. In two field experiments, they demonstrated that people generally avoid having conversations with strangers while commuting. One study queried train - 5 min - Uploaded by The Atlantic

Connected communities are critical to the health of individuals and societies. Yet, even in New The health benefits are clear. The political benefits are newly relevant. But when it comes to succeeding in business and in life, most of us talk to strangers just 2% to 3% of the time, says Judy Robinett, author of Author Kio Stark talks to Zosia Bielski about the benefits of interacting with random people, even if there is daily resistance to the idea despite I like talking one-on-one. So I decided to do things my own way. I started talking to strangers on my college campus and in the city because I was tired of staying